**Title (Capitalize Each Principal Word [Title Case], Bold, Double Space, Times New Roman 18pt, Max. 15 Words)**

**Author 11\*, Author 22, Author 33…**

**e-mail:**

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**ABSTRACT**

The Abstract should concisely state the problems, approach, findings, and implications of the work in 250 words maximum and use the following headings: Introduction, Methods, Results and Conclusions. The Abstract must be formatted in A4 Paper with a 2.54 cm (1 inch) margin on all sides. Please do not use any page numbers, headers or footers, within the paper.

**Introduction:** Statethe background or problems to be addressed and the study aims.

**Methods:** Describe the research design, settings (please do not mention the actual location, but use geographic type or number if necessary); Participants (details of how the study population was selected, inclusion and exclusion criteria, numbers entering and leaving the study, and any relevant clinical and demographic characteristics).

**Results:** Report the main outcome(s) or findings including levels of statistical significance and confidence intervals where relevant.

**Conclusions**:Provide conclusions that are relevant to the study aims, hypothesis and practical implications.

**Keywords:** Add minimum 3 and maximum 5 keywords or phrases separated by semicolons (;) for use in indexing this paper; avoid general and plural terms and multiple concepts; the keywords should be referring to <https://meshb.nlm.nih.gov/search> where relevant.